



Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

FIND US AT:

Bungarrabee Centre
48-50 Oaklands Rd,
Hazelbrook

CONTACT:

Deb Emelhain
0491228258 or 47589966
Deb.Emelhain@connectcfs.org.au

Unwind and
share experiences
with others who
understand

connect
Children and Families


MyTime
Supporting parents of
children with disabilities

mytime.net.au

MyTime

term plan

mytime.net.au

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY



It's support
for you



It's free to
join



Professional
support



Pre-school aged
children are welcome